The fifth edition provides a wealth of knowledge for practicing clinicians. It is an essential text for sex therapy and human sexuality courses.”
—Joseph L. Wetchler, PhD, Marriage and Family Therapy Program, Purdue University Calumet

"The case examples are extremely helpful and convey in practice the theory and research so thoroughly elaborated in each chapter. This is a remarkable textbook that can add enormously to a clinician's knowledge."
—Bulletin of the Menninger Clinic (on the fourth edition)

"Gives the reader a view of the cutting edge of research and practice in sex therapy. Appropriate as a text for a graduate course in sex therapy or for anyone who wants an update on current practices in this field. In addition, a number of chapters have relevance for anyone conducting therapy.”
—Journal of Contemporary Psychotherapy (on the fourth edition)

"This highly readable book is of value to most practitioners working with adults, even if their caseload is general and not specific to sex therapy.….4 Stars!"
—Doody's Review Service (on the fourth edition)

DESCRIPTION
The leading clinical reference and text in the field, originally developed by Sandra Leiblum, this volume addresses the full range of sexual problems and concerns that lead men, women, and couples to seek help. Prominent experts describe cutting-edge assessment and treatment approaches that integrate psychological, interpersonal, and medical interventions. Detailed case examples illustrate how the therapeutic strategies are implemented and shed light on the factors that influence outcomes. The book is grounded in current knowledge about sexuality and sexual functioning across the lifespan. Tightly edited, it features an integrative introduction and conclusion plus a brief editorial commentary at the beginning of each chapter.

New to This Edition
*Reflects major advances in sexual medicine and changes in the DSM-5.
*Chapters on infidelity, body image, and noncoercive and coercive paraphilias.
*Chapters on sexuality and infertility, disability-affirmative therapy, and sexually transmitted infections.
*Expanded lifespan focus: chapters on adolescents/young adults and older adults.
*Many new authors and extensively revised chapters.

KEY POINTS
> The leading text and reference, significantly revised and updated: most chapters are new.
I. Sex Therapy for Sexual Dysfunction

DESIRE AND AROUSAL
1. Sexual Interest/Arousal Disorder in Women, Lori Brotto and Mijal Luria
2. Hidden Disorder/Hidden Desire: Presentations of Low Sexual Desire in Men, Marta Meana and Eric T. Steiner
3. Erectile Dysfunction: Integration of Medical and Psychological Approaches, Raymond C. Rosen, Martin M. Miner, and John P. Wincze

ORGASM
4. Orgasm Disorders in Women, Cynthia A. Graham
5. Treatment of Premature Ejaculation: Psychotherapy, Pharmacotherapy, and Combined Therapy, Stanley E. Althof

PAIN
6. Delayed Ejaculation, Michael A. Perelman
8. Lifelong Vaginismus, Moniek M. ter Kuile and Elke D. Reissling

II. Sex Therapy for Other Sexual Disorders
9. The Paraphilias: An Experiential Approach to "Dangerous" Desires, Peggy J. Kleinplatz
10. "Gold-Star Pedophiles" in General Sex Therapy Practice, James M. Cantor
11. Gender Dysphoria, Nicola Brown and Kenneth J. Zucker
12. Persistent Genital Arousal Disorder, David Goldmeier, Hossein Sadeghi-Nejad, and Thomas M. Facelle
13. Nonparaphilic Hypersexuality Disorders, Martin P. Kafka

III. Therapeutic Challenges for Sex Therapy

SPECIFIC GROUPS
14. Therapy with LGBTQ Clients: Working with Sex and Gender Variance from a Queer Theory Model, Margaret Nichols
15. Culturally Sensitive Sex Therapy: The Need for Shared Meanings in the Treatment of Sexual Problems, Kathryn S. K. Hall and Cynthia A. Graham
16. Body Image and Sexuality, Michael W. Wiederman and Sabina Sarin
17. The Treatment of Sexual Dysfunctions in Survivors of Sexual Abuse, Alessandra H. Rellini
18. Infidelity, Stephen B. Levine

MEDICAL PROBLEMS
19. Sexuality and Infertility, Judith C. Daniluk, Emily Koert, and Erin Breckon
20. Sexuality in the Context of Chronic Illness, Paul Enzlin

22. Suppose They Gave an Epidemic and Sex Therapy Didn't Attend?: Sexually Transmitted Infection Concerns in the Sex Therapy Context, William A. Fisher and Stephen Holzapfel

LIFESPAN CHANGES
23. Sexual Problems in Adolescents and Young Adults, Lucia F. O'Sullivan and Vickie Pasterski
24. Sexuality and Aging, Marc E. Agronin

Conclusion: Sex Therapy in Transition: Are We There Yet?, Marta Meana, Yitzchak M. Binik, and Kathryn S. K. Hall

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Also Available

**Treating Sexual Desire Disorders**
A Clinical Casebook
Edited by Sandra R. Leiblum